

Signal Space Alignment for the Gaussian Y-Channel

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Abstract—A multi-way communication network with three nodes and a relay is considered. The three nodes in this so-called Y-channel, communicate with each other in a bi-directional manner via the relay. Studying this setup is important due to its being an important milestone for characterizing the capacity of larger networks. A transmit strategy for the Gaussian Y-channel is proposed, which mimics a previously considered scheme for the deterministic approximation of the Y-channel. Namely, a scheme which uses nested-lattice codes and lattice alignment is used, to perform network coding. A new mode of operation is introduced, named ‘cyclic communication’, which interestingly turns out to be an important component for achieving the capacity region of the Gaussian Y-channel within a constant gap.

I. INTRODUCTION

Multi-way communications was first studied by Shannon in [1] where the so-called two-way channel was considered. This setup consists of two nodes which act as transmitters and receivers in the same time, and its capacity is not known in general. By combining relaying and multi-way communications, we obtain the so-called multi-way relay channel. For instance, the two-way relay channel (or the bi-directional relay channel) consists of two nodes communicating with each other in both directions, via a relay. This setup was introduced in [2] and later studied in [3]–[6] leading to an approximate characterization of the capacity region of the Gaussian case.

The multi-way relay channel with more nodes was also studied in [7] in a multicast scenario. In [8], the common-rate capacity of the Gaussian multi-way relay channel, where each user multi-casts a message to all other users, was obtained by using the so-called ‘functional decode-and-forward’. A broadcast variant of this multi-way relaying setup, the so-called Y-channel, was considered in [9]. Each user in the Y-channel sends two independent messages, one to each other user. [9] considered the multiple-input multiple-output Y-channel. Namely, 3 MIMO nodes communicate via a MIMO relay. A transmission scheme exploiting signal space alignment [10], [11] was proposed, and its corresponding achievable degrees of freedom were calculated. In [12], it was shown that if the relay has more than $\lceil 3M/2 \rceil$ antennas where M is the number of antennas at the other nodes, then the cut-set bound is asymptotically achievable, thus characterizing the degrees of freedom of the MIMO Y-channel under this condition.

We consider the single antenna Gaussian Y-channel. This case is not covered in [12], and as it turns out, the statement in [12] does not apply here. In fact, it was shown in [13] that further bounds (other than the cut-set bounds) are required to

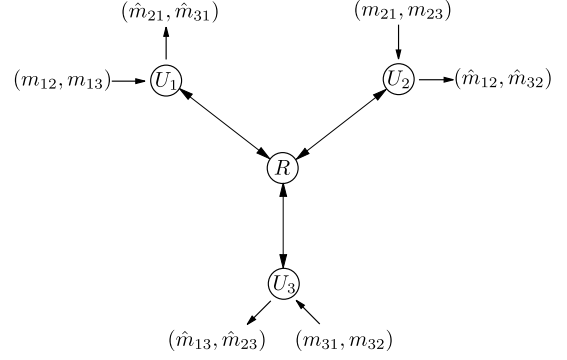


Fig. 1. The Y-channel showing incoming and outgoing messages.

characterize the degrees of freedom of the single antenna Y-channel. Thus, in the single antenna case, the cut-set bounds are not asymptotically achievable. From this point of view, it is worth to study the capacity of the SISO Y-channel as a separate problem.

In this paper, we propose a transmission scheme for the Gaussian Y-channel which utilizes nested-lattice codes in a functional decode-and-forward fashion, and derive its achievable rate region. It turns out that this scheme achieves the capacity region of the Y-channel within a constant gap. To this end, the system model is given in section II. A toy example illustrating our scheme for the deterministic Y-channel is given in Section III. The transmit strategy for the Gaussian Y-channel is described in Section IV and we conclude with section V.

II. SYSTEM MODEL

The Y-channel is the multi-way relaying setup shown in Fig. 1. Each user U_k sends a message to each other user via the relay. A code for the Y-channel, an achievable rate tuple $\mathbf{R} = (R_{12}, R_{13}, R_{21}, R_{23}, R_{31}, R_{32})$, and the 6-dimensional capacity region is defined in the classical information theoretic sense (see [13], [14]). In our Gaussian Y-channel (GYC), the variables are real valued. The relay receives

$$y_{ri} = h_1 x_{1i} + h_2 x_{2i} + h_3 x_{3i} + z_{ri},$$

in time instant i , where z_{ri} is a realization of an independent and identically distributed Gaussian noise with zero mean and unit variance (i.i.d. $\mathcal{N}(0, 1)$) and $h_1, h_2, h_3 \in \mathbb{R}$ are the channel coefficients from the users to the relay. Without loss of generality, we assume that $h_1^2 \geq h_2^2 \geq h_3^2$. The received

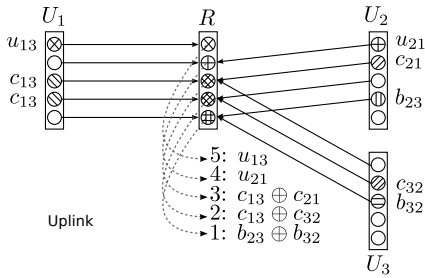


Fig. 2. The DYC of the toy example with an illustration of our transmit strategy in the uplink. The circles denote bit positions, and the arrows denote bit pipes.

signal at user j is given by

$$y_{ji} = h_j x_{ri} + z_{ji},$$

where x_{ri} is the relay signal at time instant i , and z_{ji} is a realization of an i.i.d. $\mathcal{N}(0, 1)$ noise. The channels are assumed to be reciprocal, and all nodes have a power constraint P , i.e., $\frac{1}{n} \sum_{i=1}^n \mathbb{E}[X_{ri}^2] \leq P$, and $\frac{1}{n} \sum_{i=1}^n \mathbb{E}[X_{ji}^2] \leq P$. Here, n is the length of the code. To illustrate our achievable scheme for the GYC, we start by considering a toy example for the linear-shift deterministic [15] Y-channel (DYC) defined in [14].

III. A CAPACITY ACHIEVING SCHEME FOR THE DYC

In this section, we describe briefly the network coding based scheme in [14] by considering the following toy example. In the DYC, we distinguish between three different patterns of information flow as follows:

- b) **Bi-directional**: where R_{jk} and R_{kj} are both non-zero for some $j, k \in \{1, 2, 3\}$, $j \neq k$.
- c) **Cyclic**: where R_{jk} , R_{kl} , and R_{lj} are non-zero while $R_{kj} = R_{lk} = R_{jl} = 0$ for distinct $j, k, l \in \{1, 2, 3\}$.
- u) **Uni-directional**: where neither case b) nor c) holds.

A. DYC: A Toy Example

Consider the DYC shown in Fig. 2. The received signal at the relay is given here by the mod 2 sum of the bits arriving at each level. Let us choose the following rate tuple $\mathbf{R} = (0, 2, 2, 1, 0, 2)$, and see how our scheme achieves this rate tuple. It can easily be checked, that the schemes used in the bi-directional relay channel [5] (only cases b and u above) do not suffice to achieve this rate tuple.

We write $\mathbf{R} = \mathbf{R}^b + \mathbf{R}^c + \mathbf{R}^u$, where $\mathbf{R}^b = (0, 0, 0, 1, 0, 1)$, $\mathbf{R}^c = (0, 1, 1, 0, 0, 1)$, and $\mathbf{R}^u = (0, 1, 1, 0, 0, 0)$. Notice that \mathbf{R}^b resembles bi-directional information flow between U_2 and U_3 with a rate of 1 bit per channel use in each direction. To achieve this rate tuple, let U_2 send one bit b_{23} on relay level 1 in the uplink, and let U_3 also send 1 bit b_{32} on the same level (Fig. 2). Thus, the relay receives $b_{23} \oplus b_{32}$ on level 1. The relay then forwards $b_{23} \oplus b_{32}$ on the highest level in the downlink (Fig. 3). Upon receiving $b_{23} \oplus b_{32}$, U_2 and U_3 are able to extract their desired bits, b_{32} and b_{23} , respectively, which achieves \mathbf{R}^b . We call this strategy the bi-directional strategy.

The rate tuple \mathbf{R}^c resembles cyclic information flow, where U_1 , U_2 , and U_3 want to send 1 bit each c_{13} , c_{21} , and c_{32} to

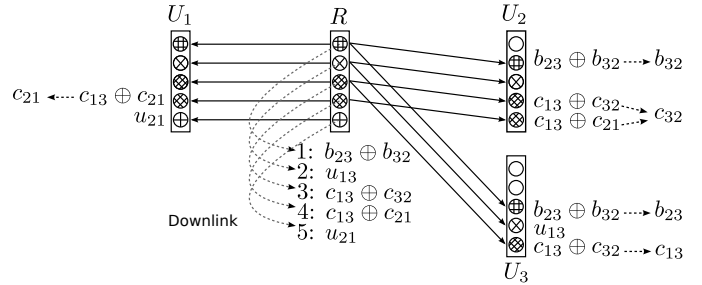


Fig. 3. The DYC of the toy example with an illustration of our transmit strategy in the downlink.

U_3 , U_1 and U_2 , respectively, thus forming the cycle $1 \rightarrow 3 \rightarrow 2 \rightarrow 1$. Here, we use a cyclic strategy as follows. Let U_1 send c_{13} on both relay levels 2 and 3, U_2 send c_{21} on relay level 3, and U_3 send c_{32} on relay level 2. The relay thus receives $c_{13} \oplus c_{32}$ and $c_{13} \oplus c_{21}$ on levels 2 and 3, respectively (Fig. 2). It then forwards these sums on levels 3 and 4 (3). Each receiver receives $c_{13} \oplus c_{21}$ and $c_{13} \oplus c_{32}$, and by adding them up, it can construct $c_{32} \oplus c_{21}$. Then, given its transmitted bit, each receiver is able to calculate the other two bits of the cyclic information flow, which achieves \mathbf{R}^c .

Finally, \mathbf{R}^u can be easily achieved using a uni-directional strategy. Here, U_1 and U_2 send one bit each, u_{13} and u_{21} , to levels 5 and 4 at the relay, respectively (Fig. 2). The relay forwards these bits on levels 2 and 5, respectively, and users U_1 and U_3 are then able to recover both desired bits. This achieves \mathbf{R}^u and consequently, we have achieved the rate tuple \mathbf{R} .

The given scheme consumed all the levels at the relay to achieve \mathbf{R} (see Fig. 2 and 3). If we replace the cyclic strategy, which uses 2 levels at the relay for communicating 3 bits, by the uni-directional strategy, then we do not leave enough levels free to achieve \mathbf{R}^u . This shows the importance of the cyclic strategy. Finally, we note that it was shown in [14] that the given scheme achieves the capacity region of the DYC. In the next section, we extend this scheme to the Gaussian case, with the aid of nested-lattice codes.

IV. THE GYC: AN ACHIEVABLE SCHEME

We adapt the scheme in Section III to the Gaussian case. Namely, we utilize network coding realized with lattice codes [16] to mimic the DYC scheme. We start with a brief introduction on lattice codes, before proceeding to describe the achievable scheme.

A. Nested-lattice codes

A lattice Λ with n -dimensions is a subset of \mathbb{R}^n , where $\lambda_1, \lambda_2 \in \Lambda \Rightarrow \lambda_1 + \lambda_2 \in \Lambda$. The fundamental Voronoi of Λ , $\mathcal{V}(\Lambda)$, is the Voronoi region around the origin. Nested-lattice codes are constructed using two lattices, a coarse lattice Λ_c and a fine lattice Λ_f where $\Lambda_c \subset \Lambda_f$. We denote a nested-lattice code by the pair (Λ_f, Λ_c) , where the codewords are chosen as the points $\lambda_f \in \Lambda_f \cap \mathcal{V}(\Lambda_c)$. The power and the rate of such code is defined by Λ_c and by the size of the set

$\Lambda_f \cap \mathcal{V}(\Lambda_c)$, respectively. In the sequel, we are going to need the following result from [6].

Assume that two nodes A and B, with messages m_A and m_B , respectively, want to exchange these messages via a relay node. The two nodes use the same nested-lattice codebook (Λ_f, Λ_c) with power P , and rate R to encode their messages to $x_k^n = (\lambda_k - d_k) \bmod \Lambda_c$, $k \in \{A, B\}$, where $\lambda_A, \lambda_B \in \Lambda_f \cap \mathcal{V}(\Lambda_c)$, d_A and d_B are n -dimensional dither vectors uniformly distributed over $\mathcal{V}(\Lambda_c)$ [17], known at all nodes. The relay receives $y_R^n = x_A^n + x_B^n + z_R^n$ where z_R^n is an i.i.d. $\mathcal{N}(0, \sigma^2)$ noise. Let $C(x) = (1/2) \log(1+x)$, and $C^+(x) = \max\{0, C(x)\}$.

Lemma 1 ([6]). *The relay can decode the sum $(\lambda_A + \lambda_B) \bmod \Lambda_c$ from y_R^n reliably as long as $R \leq C^+(\frac{P}{\sigma^2} - \frac{1}{2})$. Moreover, node A knowing $(\lambda_A + \lambda_B) \bmod \Lambda_c$ and λ_A can extract λ_B and hence also m_B .*

B. Uplink

Now, we proceed with describing the transmission scheme. In the uplink, U_i splits each message m_{ij} into three parts:

- a bi-directional message m_{ij}^b with rate R_{ij}^b ,
- a cyclic message m_{ij}^c with rate R_{ij}^c , and
- a uni-directional message m_{ij}^u with rate R_{ij}^u .

Thus, we have $R_{ij} = R_{ij}^b + R_{ij}^c + R_{ij}^u$. The messages m_{ij}^b , m_{ij}^c and m_{ij}^u are communicated using a bi-directional, a cyclic, and a uni-directional strategy, respectively. The rates of the messages satisfy $R_{12}^b = R_{21}^b$, $R_{13}^b = R_{31}^b$, $R_{23}^b = R_{32}^b$, $R_{12}^c = R_{23}^c = R_{31}^c \triangleq R_{123}^c$, $R_{13}^c = R_{32}^c = R_{21}^c \triangleq R_{132}^c$.

1) *Encoding bi-directional messages:* The users use nested-lattices to encode the bi-directional messages. Let us consider the bi-directional communication between users 1 and 2, i.e., the messages m_{12}^b and m_{21}^b . U_2 uses a nested-lattice code $(\Lambda_{21}^b, \Lambda_{21,c}^b)$. The rate of the code is R_{21}^b and the power is P_{21}^b . The message m_{21}^b is mapped into λ_{21}^b . U_1 uses a scaled version of $(\Lambda_{21}^b, \Lambda_{21,c}^b)$ to encode m_{12}^b such that the bi-directional signals align at the relay. That is, U_1 uses $(\Lambda_{12}^b, \Lambda_{12,c}^b) = \frac{h_2}{h_1} (\Lambda_{21}^b, \Lambda_{21,c}^b)$, for encoding m_{12}^b to λ_{12}^b . Using this encoding, the rate of the nested-lattice code $(\Lambda_{12}^b, \Lambda_{12,c}^b)$ is $R_{12}^b = R_{21}^b$, its power P_{12}^b satisfies

$$h_1^2 P_{12}^b = h_2^2 P_{21}^b, \quad (1)$$

and $(h_1 \lambda_{12}^b + h_2 \lambda_{21}^b) \bmod h_2 \Lambda_{21,c}^b \in h_2 \Lambda_{21}^b \cap \mathcal{V}(h_2 \Lambda_{21,c}^b)$ which is a useful property as we shall see in Section IV-B5. Then, U_1 and U_2 construct the signals b_{12}^n and b_{21}^n as follows,

$$b_{ij}^n = (\lambda_{ij}^b - d_{ij}^b) \bmod \Lambda_{ij,c}^b$$

with $i \neq j$, $i, j \in \{1, 2\}$, where d_{ij}^b is a random dither, uniformly distributed over $\mathcal{V}(\Lambda_{ij,c}^b)$, known at all nodes (see [6]). Similarly, m_{31}^b and m_{13}^b are encoded into b_{31}^n and b_{13}^n with powers P_{31}^b and P_{13}^b , respectively, and m_{32}^b and m_{23}^b into b_{32}^n and b_{23}^n with powers P_{32}^b and P_{23}^b , where

$$h_1^2 P_{13}^b = h_3^2 P_{31}^b, \quad h_2^2 P_{23}^b = h_3^2 P_{32}^b. \quad (2)$$

2) *Encoding cyclic messages:* Consider m_{12}^c , m_{23}^c and m_{31}^c (all with rate R_{123}^c) constituting the cycle $1 \rightarrow 2 \rightarrow 3 \rightarrow 1$. To communicate these messages, U_1 and U_3 encode m_{12}^c and m_{31}^c to $c_{12}^n = (\lambda_{12}^c - d_{12}^c) \bmod \Lambda_{12,c}^c$ and $c_{31}^n = (\lambda_{31}^c - d_{31}^c) \bmod \Lambda_{31,c}^c$ using nested-lattice codes $(\Lambda_{12}^c, \Lambda_{12,c}^c)$ and $(\Lambda_{31}^c, \Lambda_{31,c}^c)$ with powers P_{12}^c and P_{31}^c , respectively.

Now, U_2 sends m_{23}^c encoded in two different signals: one signal aligned with λ_{12}^c , and one signal aligned with λ_{31}^c . This mimics the scheme used for the cyclic messages in the the DYK (Section III). Alignment is guaranteed using the nested-lattice construction, in a similar way as for the bi-directional messages (Section IV-B1). Namely, U_2 maps m_{23}^c to $c_{23}^n = (\lambda_{23}^c - d_{23}^c) \bmod \Lambda_{23,c}^c$ and $\tilde{c}_{23}^n = (\tilde{\lambda}_{23}^c - \tilde{d}_{23}^c) \bmod \Lambda_{23,c}^c$, using nested-lattice codes $(\Lambda_{23}^c, \Lambda_{23,c}^c) = \frac{h_1}{h_2} (\Lambda_{12}^c, \Lambda_{12,c}^c)$ and $(\tilde{\Lambda}_{23}^c, \tilde{\Lambda}_{23,c}^c) = \frac{h_3}{h_2} (\Lambda_{31}^c, \Lambda_{31,c}^c)$ with powers P_{23}^c and \tilde{P}_{23}^c , respectively, such that

$$h_1^2 P_{12}^c = h_2^2 P_{23}^c, \quad h_2^2 \tilde{P}_{23}^c = h_3^2 P_{31}^c. \quad (3)$$

Notice that this ensures alignment of the codes $(\Lambda_{23}^c, \Lambda_{23,c}^c)$ and $(\Lambda_{12}^c, \Lambda_{12,c}^c)$, as well as $(\Lambda_{31}^c, \Lambda_{31,c}^c)$ and $(\tilde{\Lambda}_{23}^c, \tilde{\Lambda}_{23,c}^c)$ at the relay, allowing the relay to decode $(h_1 \lambda_{12}^c + h_2 \lambda_{23}^c) \bmod h_2 \Lambda_{23,c}^c$ and $(h_2 \tilde{\lambda}_{23}^c + h_3 \lambda_{31}^c) \bmod h_3 \Lambda_{31,c}^c$ as we shall see in Section IV-B5. The messages of the other cycle $1 \rightarrow 3 \rightarrow 2 \rightarrow 1$ are encoded similarly, to $c_{13}^n = (\lambda_{13}^c - d_{13}^c) \bmod \Lambda_{13,c}^c$, $\tilde{c}_{13}^n = (\tilde{\lambda}_{13}^c - \tilde{d}_{13}^c) \bmod \tilde{\Lambda}_{13,c}^c$, $c_{32}^n = (\lambda_{32}^c - d_{32}^c) \bmod \Lambda_{32,c}^c$, $c_{21}^n = (\lambda_{21}^c - d_{21}^c) \bmod \Lambda_{21,c}^c$ with powers P_{13}^c , \tilde{P}_{13}^c , P_{32}^c , and P_{21}^c , respectively, such that $(\Lambda_{13}^c, \Lambda_{13,c}^c) = \frac{h_3}{h_1} (\Lambda_{32}^c, \Lambda_{32,c}^c)$, $(\tilde{\Lambda}_{13}^c, \tilde{\Lambda}_{13,c}^c) = \frac{h_2}{h_1} (\Lambda_{21}^c, \Lambda_{21,c}^c)$,

$$h_1^2 P_{13}^c = h_3^2 P_{32}^c, \quad h_2^2 \tilde{P}_{13}^c = h_2^2 P_{21}^c. \quad (4)$$

3) *Encoding uni-directional messages:* The uni-directional message m_{ij}^u with rate R_{ij}^u is encoded using a Gaussian code. Namely, m_{ij}^u is mapped u_{ij}^n , an i.i.d. $\mathcal{N}(0, P_{ij}^u)$ sequence.

4) *Transmit signals:* Each user then transmits the superposition of all its codewords. For instance, U_1 sends

$$x_1^n = b_{12}^n + b_{13}^n + c_{12}^n + c_{13}^n + \tilde{c}_{13}^n + u_{12}^n + u_{13}^n.$$

Since each node has a power constraint P , then we must have

$$P_{12}^b + P_{13}^b + P_{12}^c + P_{13}^c + \tilde{P}_{13}^c + P_{12}^u + P_{13}^u = P_1 \leq P \quad (5)$$

$$P_{21}^b + P_{23}^b + P_{21}^c + P_{23}^c + \tilde{P}_{23}^c + P_{21}^u + P_{23}^u = P_2 \leq P \quad (6)$$

$$P_{31}^b + P_{32}^b + P_{31}^c + P_{32}^c + P_{31}^u + P_{32}^u = P_3 \leq P, \quad (7)$$

Next, we describe the decoding process at the relay.

5) *Decoding at the relay:* The relay decodes the uni-directional signals u_{12}^n , u_{13}^n , u_{21}^n , and u_{23}^n first, successively in the given order while treating all the remaining signals as noise. The effective noise power while decoding u_{12}^n is given by $h_3^2 P_3 + h_2^2 P_2 + h_1^2 (P_1 - P_{12}^u) + 1$. Then, reliable decoding of u_{12}^n is possible under the rate constraint

$$R_{12}^u \leq C \left(\frac{h_1^2 P_{12}^u}{1 + h_3^2 P_3 + h_2^2 P_2 + h_1^2 (P - P_{12}^u)} \right).$$

After decoding u_{12}^n and subtracting its contribution from the received signal at the relay, the other signals u_{13}^n , u_{21}^n , and

$$R_{21}^u \leq C \left(\frac{h_2^2 P_{21}^u}{1 + h_3^2 P_3 + h_2^2 (P_2 - P_{21}^u) + h_1^2 (P - P_{12}^u - P_{13}^u)} \right), \quad (8)$$

$$R_{23}^u \leq C \left(\frac{h_2^2 P_{23}^u}{1 + h_3^2 P_3 + h_2^2 (P_2 - P_{21}^u - P_{23}^u) + h_1^2 (P - P_{12}^u - P_{13}^u)} \right). \quad (9)$$

u_{23}^n are decoded. Reliable decoding is possible if (8)-(10) are satisfied.

$$R_{13}^u \leq C \left(\frac{h_1^2 P_{13}^u}{1 + h_3^2 P_3 + h_2^2 P_2 + h_1^2 (P - P_{12}^u - P_{13}^u)} \right). \quad (10)$$

Using (1)-(4), we can write the remaining noise variance as $\sigma^2 + 2h_2^2(P_{21}^b + P_{23}^b + P_{21}^c)$ where $\sigma^2 = 1 + h_3^2(2P_{31}^b + 2P_{32}^b + 2P_{31}^c + 2P_{32}^c + P_{31}^u + P_{32}^u)$. Next, the relay decodes the superposition $(h_2\lambda_{21}^c + h_1\lambda_{13}^c) \bmod h_2\Lambda_{21,c}^c$ (which is possible since this quantity belongs to the nested lattice code $(h_2\Lambda_{21}^c, h_2\Lambda_{21,c}^c)$), then $(h_1\lambda_{12}^c + h_2\lambda_{23}^c) \bmod h_2\Lambda_{23,c}^c$ afterwards and then $(h_1\lambda_{12}^b + h_2\lambda_{21}^b) \bmod h_2\Lambda_{21,c}^b$ successively in this order using successive compute-and-forward [18] while treating the remaining interference as noise. From Lemma 1, the decoding of these signals is possible reliably as long as

$$R_{132}^c \leq C^+ \left(\frac{h_2^2 P_{21}^c}{\sigma^2 + 2h_2^2(P_{21}^b + P_{23}^b)} - \frac{1}{2} \right),$$

$$R_{123}^c \leq C^+ \left(\frac{h_2^2 P_{23}^c}{\sigma^2 + 2h_2^2 P_{21}^b} - \frac{1}{2} \right)$$

$$R_{21}^b \leq C^+ \left(\frac{h_2^2 P_{21}^b}{\sigma^2} - \frac{1}{2} \right).$$

Next, the uni-directional signals u_{31}^n and u_{32}^n are decoded, then the superposition of the cyclic signals $(h_1\lambda_{13}^c + h_3\lambda_{32}^c) \bmod h_3\Lambda_{32,c}^c$ and $(h_2\lambda_{23}^c + h_3\lambda_{31}^c) \bmod h_3\Lambda_{31,c}^c$, and finally, the superposition of the bi-directional signals $(h_1\lambda_{13}^b + h_3\lambda_{31}^b) \bmod h_3\Lambda_{31,c}^b$ and $(h_2\lambda_{23}^b + h_3\lambda_{32}^b) \bmod h_3\Lambda_{32,c}^b$, successively in the given order (again using successive compute-and-forward [18]), resulting in the following rate constraints

$$R_{31}^u \leq C \left(\frac{h_3^2 P_{31}^u}{1 + h_3^2(2P_{32}^b + 2P_{31}^b + 2P_{31}^c + 2P_{32}^c + P_{32}^u)} \right)$$

$$R_{32}^u \leq C \left(\frac{h_3^2 P_{32}^u}{1 + 2h_3^2(P_{32}^b + P_{31}^b + P_{31}^c + P_{32}^c)} \right)$$

$$R_{132}^c \leq C^+ \left(\frac{h_3^2 P_{32}^c}{1 + 2h_3^2(P_{32}^b + P_{31}^b + P_{31}^c)} - \frac{1}{2} \right)$$

$$R_{123}^c \leq C^+ \left(\frac{h_3^2 P_{31}^c}{1 + 2h_3^2(P_{32}^b + P_{31}^b)} - \frac{1}{2} \right)$$

$$R_{31}^b \leq C^+ \left(\frac{h_3^2 P_{31}^b}{1 + 2h_3^2 P_{32}^b} - \frac{1}{2} \right), \quad R_{32}^b \leq C^+ \left(h_3^2 P_{32}^b - \frac{1}{2} \right).$$

C. Downlink

In the downlink, the relay maps each of the decoded signals into an index which is then encoded into a Gaussian codeword as follows:

$$u_{ij}^n \rightarrow l_{ij}^u \rightarrow t_{ij}^n,$$

$$(h_1\lambda_{12}^c + h_2\lambda_{23}^c) \bmod h_2\Lambda_{23,c}^c \rightarrow l_{12}^c \rightarrow s_{12}^n,$$

$$(h_2\lambda_{23}^c + h_3\lambda_{31}^c) \bmod h_3\Lambda_{31,c}^c \rightarrow l_{31}^c \rightarrow s_{31}^n,$$

$$(h_2\lambda_{21}^c + h_1\lambda_{13}^c) \bmod h_2\Lambda_{21,c}^c \rightarrow l_{21}^c \rightarrow s_{21}^n,$$

$$(h_1\lambda_{13}^c + h_3\lambda_{32}^c) \bmod h_3\Lambda_{32,c}^c \rightarrow l_{32}^c \rightarrow s_{32}^n,$$

$$(h_1\lambda_{12}^b + h_2\lambda_{21}^b) \bmod h_2\Lambda_{21,c}^b \rightarrow l_{21}^b \rightarrow r_{21}^n,$$

$$(h_1\lambda_{13}^b + h_3\lambda_{31}^b) \bmod h_3\Lambda_{31,c}^b \rightarrow l_{31}^b \rightarrow r_{31}^n,$$

$$(h_2\lambda_{23}^b + h_3\lambda_{32}^b) \bmod h_3\Lambda_{32,c}^b \rightarrow l_{32}^b \rightarrow r_{32}^n.$$

The relay allocates a power $P_{r,ij}^u$ to t_{ij}^n , i.e., t_{ij}^n is i.i.d $\mathcal{N}(0, P_{r,ij}^u)$. It also allocates $P_{r,ij}^c$ to s_{ij}^n and $P_{r,ij}^b$ to r_{ij}^n . For the power constraint to be satisfied, it is required that the sum of these powers fulfils

$$\sum P_{r,ij}^u + \sum P_{r,ij}^c + \sum P_{r,ij}^b \leq P. \quad (11)$$

The relay then sends the superposition of all t_{ij}^n , s_{ij}^n , and r_{ij}^n , denoted x_r^n . The decoding process at each of the nodes U_1 , U_2 , and U_3 is described next.

1) *Decoding at U_3* : U_3 decodes the messages l_{13}^u , l_{23}^u , l_{31}^c , l_{32}^c , l_{31}^b , l_{32}^b in this order while treating the other signals as noise. The necessary rate constraints for reliable decoding are

$$R_{13}^u \leq C \left(\frac{h_3^2 P_{r,13}^u}{\sigma_{r1}^2 + h_3^2(P_{r,23}^u + P_{r,32}^c + P_{r,31}^c + P_{r,31}^b + P_{r,32}^b)} \right)$$

$$R_{23}^u \leq C \left(\frac{h_3^2 P_{r,23}^u}{\sigma_{r1}^2 + h_3^2(P_{r,32}^c + P_{r,31}^c + P_{r,31}^b + P_{r,32}^b)} \right)$$

$$R_{132}^c \leq C \left(\frac{h_3^2 P_{r,32}^c}{\sigma_{r1}^2 + h_3^2(P_{r,31}^c + P_{r,31}^b + P_{r,32}^b)} \right)$$

$$R_{c123}^c \leq C \left(\frac{h_3^2 P_{r,31}^c}{\sigma_{r1}^2 + h_3^2(P_{r,31}^b + P_{r,32}^b)} \right)$$

$$R_{31}^b \leq C \left(\frac{h_3^2 P_{r,31}^b}{\sigma_{r1}^2 + h_3^2 P_{r,32}^b} \right), \quad R_{32}^b \leq C \left(\frac{h_3^2 P_{r,32}^b}{\sigma_{r1}^2} \right)$$

where $\sigma_{r1}^2 = 1 + h_3^2(P_{r,12}^u + P_{r,32}^c + P_{r,12}^c + P_{r,21}^c + P_{r,21}^b + P_{r,21}^u + P_{r,31}^u)$. By decoding l_{13}^u and l_{23}^u , the third user can obtain the uni-directional messages m_{13}^u and m_{23}^u . By decoding l_{32}^c , the third user can obtain the superposition $(h_1\lambda_{13}^c + h_3\lambda_{32}^c) \bmod h_3\Lambda_{32,c}^c$. Knowing λ_{32}^c , U_3 can extract λ_{13}^c and hence obtain the desired cyclic communication message m_{13}^c (cf. Lemma 1). Similarly, by decoding l_{31}^c , l_{31}^b and l_{32}^b , the messages m_{23}^c , m_{13}^b , and m_{23}^b can be obtained. Notice that U_3 can remove t_{31} and t_{32} before decoding. We do not remove them for the purpose of having more unified expressions for all receivers.

2) *Decoding at U_2* : Since U_3 can decode its desired messages, U_2 can also decode U_3 's desired messages, since $h_2^2 \geq h_3^2$. After decoding the messages intended to U_3 , U_2 decodes the messages l_{12}^u , l_{32}^u , l_{12}^c , l_{21}^c , and l_{21}^b successively in this order while treating the remaining signals as noise. The

following rate constraints have to be fulfilled

$$\begin{aligned} R_{12}^u &\leq C \left(\frac{h_2^2 P_{r,12}^u}{\sigma_{r2}^2 + h_2^2 (P_{r,32}^u + P_{r,12}^c + P_{r,21}^c + P_{r,21}^b)} \right) \\ R_{32}^u &\leq C \left(\frac{h_2^2 P_{r,32}^u}{\sigma_{r2}^2 + h_2^2 (P_{r,12}^c + P_{r,21}^c + P_{r,21}^b)} \right) \\ R_{123}^c &\leq C \left(\frac{h_2^2 P_{r,12}^c}{\sigma_{r2}^2 + h_2^2 (P_{r,21}^c + P_{r,21}^b)} \right) \\ R_{132}^c &\leq C \left(\frac{h_2^2 P_{r,21}^c}{\sigma_{r2}^2 + h_2^2 P_{r,21}^b} \right), \quad R_{21}^b \leq C \left(\frac{h_2^2 P_{r,21}^b}{\sigma_{r2}^2} \right) \end{aligned}$$

where $\sigma_{r2}^2 = 1 + h_2^2 (P_{r,21}^u + P_{r,31}^u)$. In this way, U_2 is able to obtain $m_{12}^u, m_{32}^u, m_{12}^c, m_{13}^c, m_{12}^b$ and m_{32}^b . Notice that m_{13}^c is not desired by U_2 , but it can be used in combination with l_{32}^c (recall that this can be decoded by U_2 since it can be decoded by U_3) to obtain m_{32}^c which is a desired message.

3) *Decoding at U_1* : Finally, U_1 decodes all signals that are decodable by U_2 and U_3 , followed by l_{21}^u and l_{31}^u with the following rate constraints

$$R_{21}^u \leq C \left(\frac{h_1^2 P_{r,21}^u}{1 + h_1^2 P_{r,31}^u} \right), \quad R_{31}^u \leq C (h_1^2 P_{r,31}^u).$$

This allows U_1 to obtain all its desired messages. Let the region achieved by this scheme, for a given power allocation satisfying the power constraints, be denoted $\mathcal{R}_g(P_{ij}^u, P_{ij}^c, P_{ij}^b, P_{r,ij}^u, P_{r,ij}^c, P_{r,ij}^b)$. Then we have the following inner bound.

Theorem 1. *The union over all possible power allocations satisfying the rate constraints (5)-(7), and (11) of the region $\mathcal{R}_g(P_{ij}^u, P_{ij}^c, P_{ij}^b, P_{r,ij}^u, P_{r,ij}^c, P_{r,ij}^b)$ is an inner bound on the capacity region \mathcal{C}_g of the GYC.*

Remark 1. *Notice that a larger inner bound can be achieved if we remove t_{31}^n and t_{32}^n before decoding at U_3 , and t_{21}^n before decoding at U_2 . Moreover, all the nodes can use different decoding orders to enlarge the inner bound. We do not consider these possibilities in this paper due to lack of space, however, the given scheme is sufficient for the main result of the paper given next.*

The given scheme achieves, within a constant gap of $7/6$ per dimension, the capacity region of the GYC. Namely, the following region is achievable.

Corollary 1. *For the given GYC, the region $\underline{\mathcal{C}}_g'$ given by*

$$\begin{aligned} R_{31} + R_{32} &\leq C(h_3^2 P) - 2 \\ R_{13} + R_{23} &\leq C(h_3^2 P) - 2 \\ R_{12} + R_{13} + R_{32} &\leq C(h_2^2 P + h_3^2 P) - 3 \\ R_{13} + R_{23} + R_{12} &\leq C(h_2^2 P + h_3^2 P) - 3 \\ R_{12} + R_{31} + R_{32} &\leq C(h_1^2 P + h_2^2 P) - 3 \\ R_{13} + R_{23} + R_{21} &\leq C(h_1^2 P + h_3^2 P) - 3 \\ R_{21} + R_{31} + R_{23} &\leq C((|h_2| + |h_3|)^2 P) - 7/2 \\ R_{21} + R_{31} + R_{32} &\leq C((|h_2| + |h_3|)^2 P) - 7/2, \end{aligned}$$

is achievable.

The region $\underline{\mathcal{C}}_g'$ is within a constant gap of an outer bound on the capacity region of the GYG (bounds given in [13]). Details are not given due to the lack of space.

V. CONCLUSION

A transmission scheme is proposed for the Y-channel by using network coding ideas. The achievability scheme is based on three different strategies, a bi-directional, a cyclic, and a uni-directional strategy. While the first and the last are used to establish the capacity of the bi-directional relay channel, the second is new. Nested-lattices have been used to establish network coding. The achievable rate region of the given scheme is given. It turns out that the given scheme achieves the capacity region within a constant gap.

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